

Year 4 pupils come to Manor Community College for an Athletics festival

The Athletics festivals were held over two sessions in November 2009 with 106 pupils participating from King's Hedges, Shirley and Grove Primary Schools.

The pupils were put through their paces in five events to complete the Pentathlon Challenge;

Balance



Standing Long Jump



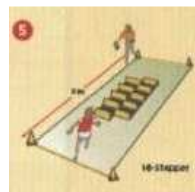
Speed Bounce



Target Throw



Hi-Stepper.



These activities are specially designed to develop and improve co-ordination, balance, speed, rhythm, leg strength, eye to hand co-ordination, agility and throwing accuracy.

The Young Leaders were from Year 10 at Chesterton (see photo) and Year 9 at Manor.



Thank you to all the leaders, pupils and staff from the Primary Schools who helped make the festivals a great success!